



(Primary Source)
Living Through History:
A Global Pandemic 2020



Directions: Remember learning about primary sources? An eyewitness account of an event, a first-hand, original source! YOU are currently experiencing something that will go down in the history books. So, what is a pandemic? According to Ducksters.com, it is defined as, “an epidemic that has spread across a large region, typically across multiple continents or worldwide.” Everything changed in the matter of hours. Your journal will be a great way to look back on this momentous experience.

This is your journal, so share what you feel! Be as detailed as you can (feelings, dialogue, things you notice). You are the author of your own story and you want the reader to feel as though they are a part of it! Don't feel limited to just words- you can also draw, doodle, record yourself, create a WeVideo or Google Slideshow to document the day in the life of YOU!

Here are a list of journal ideas:

- Where were you and how did you react when you found out school would be closed for two weeks or longer? How did you feel? What can you remember about that moment?
- What was your first day like at home, knowing you would normally have been at school? What did you do?
- How has E-learning been going? Do you like it? Why or why not?
- What have you been doing with your family and by yourself? What activities, board games, creative ideas have been keeping you busy?
- What advice have you been getting from your parents, family members, adults?
- What are your feelings about everything that's going on?
- What do you miss about school? What are you hoping?
- Compare and contrast what life was like before and after the pandemic.
- What have you learned about yourself, your family (mom, dad, etc) during the first week of being home during a global pandemic?
- Make a list of 5 things you'd like to do once everything goes back to normal. Explain why you chose the 5 things listed.