

# All About LENT

Lent prepares your heart and mind for Easter.

**Violet**  
Color each palm leaf as you count each day of Lent. Color Ash Wednesday, Palm Sunday and all other special days of Lent violet.  
This color reminds us that Lent is a somber season and we are to remember Jesus's passion. Draw a picture of your favorite thing that is purple.

**Praying Hands**  
Jesus prayed in the Garden of Gethsemane. We, too, must remember to pray during Lent. I will pray for ...

**Fish**  
This Lenten sign tells us that we must remember to fast. Draw a fish.

**Butterfly**  
An important symbol showing the whole life cycle of Jesus. Draw a picture of a butterfly.

**Heart**  
Lent is a special time for us to prepare for Jesus by fasting and giving our life more fully to God for 40 days and nights. It is a "spring cleaning" of our lives spiritually.

**40 Days**

**SPECIAL OFFERING**  
I WILL OFFER THE LORD \_\_\_\_\_  
\_\_\_\_\_

Christians practice almsgiving during Lent to show they are grateful for the gifts God has given them.

Thank you Jesus for saving me!

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